

**Scientific Committee:**

**Arnautoglou Christina**, MD, PhD, FIOTA, Head Consultant Orthopaedic Surgeon, Department of Orthopaedic Surgery and Musculoskeletal Trauma, University Hospital of Larissa, Thessaly, Greece, President of OTC Hellas

**Garnavos Christos**, MD, PhD, FIOTA, Consultant Orthopaedic Surgeon, Director of the Trauma & Orthopaedic Department, "Evangelismos" General Hospital, Athens, Greece

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**Kokoroghiannis Constantine**, MD, PhD, Consultant Orthopaedic Surgeon, Director of the 5th Orthopaedic Department, KAT Hospital, Athens, Greece

**Kouzelis Antonios**, MD, PhD, Orthopaedic Consultant, Department of Orthopaedics, University Hospital of Patras, Greece

**Petrou Charalambos**, Consultant, Mesologgi General Hospital, Greece

**Savidis Matthaios**, MD, PhD, FIOTA, Orthopaedic & Trauma Surgeon, Dpt. Director 2<sup>nd</sup> Orth. Unit 424 Gen. Military Hospital, Thessaloniki, Smith & Nephew Educational Consultant, President of Orthopaedic Trauma Sector of HAOST, General Secretary Hellenic Association of Arthroscopy, Künscher Society Board Member, Greece

**Case Discussion Presenters:**

**Adaktylidou Eleftheria**, Resident, Department of Orthopaedic Surgery and Musculoskeletal Trauma, University Hospital of Larissa, Thessaly, Greece

**Charalampous-Kefalas Charalampos**, Resident, Department of Orthopaedics, University Hospital of Patras, Greece

**Poulios Themistoklis**, Resident, Department of Orthopaedic Surgery and Musculoskeletal Trauma, University Hospital of Larissa, Thessaly, Greece

**Sinos Georgios**, Resident, Department of Orthopaedics, University Hospital of Patras, Greece

**Invited Speaker:** Dr Taglang Gilbert, President OTC France

**Trainers:**

**Baxevanos Nikolaos**, MD, MSc, PhD, Head Director Orthopaedic Surgeon, "Metropolitan" General Hospital, Athens, Greece

**Florin Georgiou Dimitris**, Consultant Orthopaedic Surgeon, 4<sup>th</sup> Orthopaedic Department, KAT General Hospital, Athens, Greece

**Kourtzis Dimitrios**, MD, Consultant Orthopaedic Surgeon, "Evangelismos" General Hospital, Athens, Greece

**Lakka Vasiliki**, Consultant Orthopaedic Surgeon, KAT General Hospital, Athens, Greece

**Masouros Panagiotis**, MD, MSc, PhD, Orthopaedic Surgeon, Evangelismos General Hospital, Athens, Greece

**Michalos Michail**, Consultant in Trauma and Orthopaedics, 5<sup>th</sup> Orthopaedic Department, KAT General Hospital, Athens, Greece

**Nikakis Christos**, Consultant Orthopaedic Surgeon "Red Cross" Hospital, Athens, Greece

**Pallis Dimitrios**, MD, MSc, PhD, Consultant Orthopaedic Surgeon, 2<sup>nd</sup> Orthopaedic Department, General Hospital of Athens, KAT, Greece

**Samaras Dimitris**, Consultant Orthopaedic Surgeon, Tzaneio General Hospital, Piraeus, Greece

# T2 & Gamma3

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# Locking Nailing Course for Surgeons

**16 & 17 NOVEMBER 2024**

Auditorium "Charalampos Roussos" EVANGELISMOS General Hospital ATHENS-GREECE



# SCIENTIFIC PROGRAM

This event is sponsored by Stryker through an educational grant

## Welcome Message

Dear Colleagues,  
Dear Friends,

I welcome you to Athens, which will host another OTC (Osteosynthesis and Trauma Care) Hellas Course on the subject: **Locking Nailing for Surgeons**.

The Course will be held on **November 16<sup>th</sup> & 17<sup>th</sup>, 2024** at the **Auditorium "Charalampos Roussos" of Evangelismos Hospital in Athens**. The specific course is an international one and English will be the formal language.

The present Course program is designed to address the basic principles of intramedullary nailing, technical difficulties, tips and tricks and new technologies of the method.

Honorary guest to the specific Course will be Dr. Gilbert Taglang from Strasbourg France, who is also President of the AIOD (Association Internationale pour l' Ostéosynthèse Dynamique) Foundation. His knowledge and experience are valuable and indispensable and his role will be instrumental for another successful course.

Our goal is a creative two days seminar in which young colleagues will have the opportunity to be intensively trained through focused workshops in the technique of intramedullary nailing from experienced surgeons from multiple major Greek hospitals. The knowledge and experience of specialized colleagues, aside that of Dr Taglang, will provide the opportunity to discuss and clarify issues concerning the application of the intramedullary nailing method and its possible complications. The program also includes "live surgery" and interactive analysis and discussion of difficult cases related to intramedullary nailing.

The active participation of all will be a motivation to organize similar educational activities in the future. I look forward to welcoming you at the Course.

With my best greetings,



**Christina Arnaoutoglou, MD, PhD, FIOTA**  
Head Consultant Orthopaedic Surgeon  
Department of Orthopaedic Surgery and  
Musculoskeletal Trauma  
University Hospital of Larissa, Thessaly, Greece  
**President of OTC Hellas**

## SATURDAY, NOVEMBER 16<sup>th</sup>

08:30 - 09:00

**Introduction by OTC Hellas President  
C. Arnaoutoglou**

09:00 - 10:30

**Live Nailing Surgery**

10:30 - 11:00

**Coffee Break**

11:00 - 12:30

**LECTURES**

11:00 - 11:30

Introduction  
**G. Taglang**

11:30 - 12:30

Per- and Sub- trochanteric fracture treatment  
• Reduction tips and tricks  
• Operative technique tips and tricks  
**G. Taglang**

12:30 - 14:00

**LECTURES**

12:30 - 13:00

Distal targeting device  
**G. Taglang**

13:00 - 13:30

Blocking screws for proximal femoral fractures reduction  
**C. Garnavos**

13:30 - 14:00

Discussion

14:00 - 15:00

**Light Lunch**

15:00 - 19:00

**Workshop on Sawbones**

**Workstation 1:** G-Nail III short  
Trainer: **D. Pallis**

**Workstation 2:** G-Nail III long  
Trainer: **M. Michalos**

**Workstation 3:** T2 femoral nail  
Trainer: **N. Baxevanos**

**Workstation 4:** T2 tibia nail  
Trainer: **D. Samaras**

**Workstation 5:** T2 femoral retrograde nail  
Trainer: **D. Kourtzis**

**Workstation 6:** T2 humeral nail  
Trainer: **P. Masouros**

**Workstation 7:** T2 ankle arthrodesis nail  
Trainer: **D. Florin Georgiou**

**Workstation 8:** G-Nail III short  
Trainer: **C. Nikakis**

**Workstation 9:** G-Nail III long  
Trainer: **V. Lakka**

**Workstation 10:** T2 Alpha tibia  
Trainer: **Rontis staff**

21:00

**Dinner**

## SUNDAY, NOVEMBER 17<sup>th</sup>

09:30 - 11:00

**LECTURES**

09:30 - 09:45

Use of blocking screws to reduce distal femoral fractures  
**C. Garnavos**

09:45 - 10:00

Tibia shaft (proximal and distal)  
**G. Taglang**

10:00 - 10:15

Suprapatellar nailing for tibia plateau fractures  
**C. Garnavos**

10:15 - 10:30

Antegrade nailing for fractures of the humeral head and shaft  
**C. Garnavos**

10:30 - 10:45

The new generation of T2 Alpha™ nails  
**G. Taglang**

10:45 - 11:00

Discussion

11:00 - 11:30

**Coffee Break**

11:30 - 13:00

**INTERACTIVE CASES DISCUSSION**

(cases brought by OTC Hellas faculty)

11:30 - 11:45

**Case 1:** C. Garnavos

11:45 - 12:00

**Case 2:** Ch. Charalampous-Kefalas, G. Sinos, A. Kouzelis

12:00 - 12:15

**Case 3:** E. Adaktylidou, Th. Poulivos, C. Arnaoutoglou

12:15 - 12:30

**Case 4:** C. Kokoroghiannis

12:30 - 12:45

**Case 5:** M. Savvidis

12:45 - 13:00

**Case 6:** G. Gkouvas

13:00 - 13:15

**Conclusions**

13:15 - 13:45

**Light Lunch**